

Sample collection instructions

This kit is for 18+ only

01 Setup & Prepare

Use while seated, as fainting may occur with any blood sampling procedure. If you feel faint, dizzy, or unwell, stop the procedure and, if safe to do so, lie down and raise your legs. If symptoms persist, seek medical advice.

2. Get ready



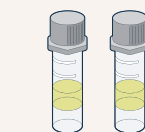
1. Lay your kit out on a table.
2. Wash your hands with soap and water, and dry with a clean towel.
3. If possible, position yourself in front of a mirror or have a pocket mirror to hand.



Important information on residual marks

May result in temporary or permanent marks, including scarring, discolouration, or texture changes. Certain skin types, skin conditions, or a history of abnormal scarring present a higher risk. Repeated use on the same site may delay healing and increase the risk of skin changes. Improper use increases this risk. If unsure, consult a healthcare professional before use.

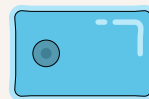
What's in your kit?



Collection tube(s)



Autodraw device
One device per kit,
used to collect all tubes



Heat pack



Plaster



Sterile gauze



Alcohol swab

Symbols

	Keep away from sunlight
	Keep away from rain
	Do not re-use
	Temperature limit 25°C
	In vitro diagnostic medical device
	Sterile
	Consult instructions for use
	European Conformity
	Manufacturer
	Batch code
	Use by date

Important information

- This is an in vitro diagnostic medical device for external use only.
- Use before the expiry date on the Autodraw device packaging. Do not use if the package is damaged.
- This test is only for use by adults aged 18 years and over.
- Intended for self-use or use by a healthcare provider.
- Watch for skin irritation or allergy (redness, itching, rash) and signs of infection (redness, heat, swelling at the puncture site); seek medical advice if these occur.
- Risk of increased bleeding is higher if you take anticoagulation (blood thinning) medication such as warfarin or aspirin; or if you suffer from a bleeding disorder. If bleeding doesn't stop, apply firm pressure and raise your arm. If this doesn't work, seek medical advice.
- Tenderness and minor bruising or residual marks may occur at the collection site. If concerned, consult your doctor.
- Only use the equipment provided in your kit to take your sample.
- Keep kit away from children, animals, sunlight, fire, and smoking. Do not use the device if:
 - You have an arterio-venous fistula or have had a previous mastectomy on the side you plan to use the device.
 - You have impaired lymphatic drainage, lymphoedema or an underarm lymph node clearance on the side you intend to use the device on.
 - You have any recent tattoos or if you suffer from any skin disorders including but not limited to cellulitis, open wounds, or bruising affecting the upper arm.
- Autodraw devices are designed to be single-use only, please don't attempt to re-use the device.
- Blood spills should be cleaned up and disinfected as soon as possible.

2. Attach tube to Autodraw device



More than one tube?

Avoid overtightening the tubes. You'll need to change tubes with one hand, whilst the Autodraw device is on your arm.

1. Remove the Autodraw device from its pack.
2. Remove the cap from your first collection tube. Your kit has two tubes and you need to fill both of them.
3. Press the collection tube into the bottom of the Autodraw device until it is snug, with the fill lines facing out. If the tube is too tight it will be difficult to remove the tube when the device is on your arm.

3. Get blood flowing



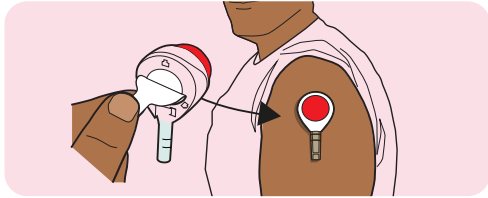
1. Ensure the upper part of your non-dominant arm is free from obstructions such as clothing. In the case of excessive hair, use a razor to remove hair from the upper arm.
2. Flex the metal disc in your heat pack back and forth until you hear a click. The pack will stiffen and start to warm up. Struggling to activate it? Use a hot towel instead — soak in hot water, wring out, and hold against your upper arm.
3. Set a 5-minute timer. Using your heat pack or hot towel, stimulate blood flow by rubbing your upper arm until the area is red and warm to touch. Re-warm your towel if it cools down.
Dry your arm before continuing.

02 Collect your sample



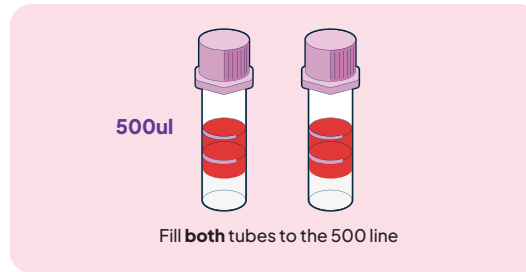
Do not start to collect your sample until you've completed all steps on the other side.

1. Position the Autodraw device



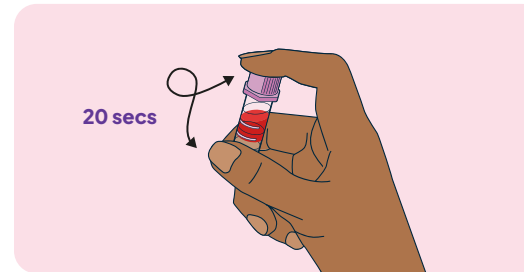
1. Wipe the upper arm with the alcohol wipe. Allow to air dry before applying the Autodraw device.
2. Remove the clear cover from the red button and peel the tab off the back of the device. Stick the device on the warmed area of the upper arm. Do not place over broken skin or an existing wound.

2. Fill your tube(s)



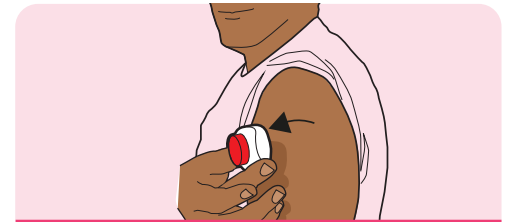
1. Press the red button down firmly for 2 seconds until you hear a click, then release. You may not feel anything, blood may not appear for 1–2 minutes.
2. Set a timer for 5 minutes. Watch the tube fill using a mirror as needed. If after 10 minutes blood flow has stopped, contact your provider for a new test.
3. When your tube reaches the required level, keep the Autodraw device on your arm. Remove the tube with a slight twist and pull down.
4. Place the coloured cap back on the tube by pressing it down until it clicks. Now proceed to the next step to see how to mix your tube.

3. Mix your tube(s)



1. Mix your tubes as per the instructions below:
Swirl each tube slowly for 20 seconds, ensuring the blood touches the sides of the tube. Your blood will remain liquid.
2. Once your first tube is mixed attach the second. **Re-press the red button for 1 second**—your skin will not be punctured again.

4. Remove Autodraw device



More than one tube?

Keep the Autodraw device in place until all tubes are filled or blood flow stops. After mixing the first tube, attach the second and re-press the red button.

1. When all tubes have been filled and mixed or blood flow stops, remove the Autodraw device by gently peeling it off from one side.
2. Apply pressure to the upper arm with the sterile gauze and apply a plaster if you are not allergic.

03 Label & Post

1. Label and pack all tubes

Label, package, and send the sample(s) as per your own protocols.