

“

This is the future of
healthcare, where no one
gets left behind. ”

– Dr Amos Ogunkoya
Our Future Health volunteer



Scan to
sign up today

or visit
ourfuturehealth.org.uk

Join Our Future Health

Let's prevent disease together

Our mission

Our Future Health is the UK's largest health research programme.

We need up to 5 million volunteers to join our programme – and we'd like to invite you.

With your help, we can improve how we diagnose and treat diseases. Diseases like dementia, cancer, diabetes, heart disease and stroke.

Your community

We're inviting people from across the UK to take part in Our Future Health.

By taking part, you can make sure your community is represented in future health research. That means new discoveries will be more likely to work for people like you.



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How to take part

Everyone living in the UK aged 18 and over can take part.

When you join Our Future Health, we'll ask you to...

- 1** Allow us to securely connect to your health records.
- 2** Complete an online health questionnaire.
- 3** Book an appointment at a local Our Future Health clinic to...
 - Have some physical measurements taken.
 - Have a small blood sample taken.

We will offer you information about your health during your appointment, including your blood pressure.

Your information will be securely stored and only used to help health researchers learn more about disease. Nothing else.

£10 voucher

We'll offer you a £10 voucher to recognise the time and effort of taking part. You can spend this in supermarkets, high street shops and online retailers. Or, you can donate your voucher back to the Our Future Health charity.

